

Is there an Answer? By Gary Bate

We're all used to it by now – the constant political squabbling, the constant conflicts around the globe, the never-ending wars and the constant chaos. Why does it never stop? It's not meant to!

It's no accident. The never-ending mayhem just continues day after day, year after year, all the time.

If there wasn't a need to be in control of other people, it would never happen. And where there's a mindset of control you'll always find 'negative' emotions. In love there's only the feeling of joy. So let me be clear – emotions are only present where you have a consciousness of control.

Imagine a victoria sponge cake – a sponge base and top with jam and cream in between :)

The bottom sponge cake is this World and the upper sponge is the Light. Both sponges are made with the same ingredients but in this analogy the amounts differ slightly. The base is denser and the upper is lighter. The cake is one cake with one over-riding consciousness of control. The jam is the psychic realm and home to all of your emotional reactions..

Another analogy would be 2 farmers fields separated only by a road that is crossed back and forth.

We are so fixated on this World that we usually don't see what those in the Light see and we're desensitised to the psychic activity going on in the jam!

We fall off our perches and we cross the river (road) to the upper holding pen and then all we have is a longing to return to where the grass is greener. We wait for a close match and we cross back.

There are entities in the Light who have never descended here. They are the controllers there and they sustain themselves on JAM. You make the jam whilst you're here and thus they are very interested in you, but only to the extent that you are their energetic food source. They are feeders!

Now please don't underestimate what I am saying here – they have no function other than feeding to sustain themselves. Earth is their feeding ground and our emotional reactions are their source.

We think that what we do here is important, but it's not because we never do anything to 'save' lives or 'save' ourselves. It all amounts to more JAM. We must stop thinking in physical terms..

Where/when does it stop? It doesn't! All kind of abuse goes on here and it all generates fodder for entities who have no conscience – they simply don't care; they just want constant sustenance from us and that's what they get.

When you accept that Earth is nothing more than a feeding ground for soulless, cowardly, parasites; then you have woken up and you can learn how to starve them and free yourself from their agenda.

Maybe you think reality is very different from what I say it is? I understand your optimism and why you delude yourself. Your illusionary life can (and probably will) continue in the Light. You can have what you want there – even a 1000 virgins if that's your appetite! The Light is a grand illusion.

But if you're happy to know the uncomfortable, deeper truth; you'll get to understand that your only focus should be on emotional mastery (gaining in wisdom).

If you get too bright and start to escape their clutches; they always try to push you back into the jam (your emotional body). Making you emotional is their sustenance..

A bit of background may help you:

They descended with us to the Light, but we chose to descend further by coming to this Earth and they chose to stay in the Light. As we descended to this Last Kingdom, we have experienced what we know (and they don't know), which is to be physical. That meant having a physical body and 'physical' food to sustain us.

Because of their choice, they were unable to return to whence they'd come from (above the Light) as ascension only occurs as the result of a completed book, which is only achievable from this Last Kingdom. A complete Soul does not exclude what we know as this physical experience.

So they and we are stuck because of a lack of experience (wisdom) and they and we need sustenance. Our sustenance is the food and drink we consume and theirs is the emotional energy we generate. So we focus on food and drink and they focus on causing us to be emotional.

We are one step ahead of them because we have experienced this Last Kingdom, albeit that we are still to wise-up about it! They are well and truly stuck where they are because they have seen how we live and want none of it, which means to survive where they are, they have to sustain themselves on our emotional and sexual energy and those memories thereof.

So they stay in the Light (and they know why) and we revolve between it and here and some people here are full of their own self-importance! Can you believe it?

Everything here is illusionary drama and most people here think it's real. Sure it feels real because your feelings about it are occurring in your body and all of those religious cock-and-bull stories just serve to feed the overlords and keep the revolving doors moving..

The only exit for the creatures in the Light is via coming here first and the only exit from here that avoids the Light is to evolve yourself beyond your emotional & sexual addictions. You have to train your body (via your mind of course) to stop it from firing (leaking energy).

We always live in some form or another and most of us never make it beyond the cake ~ Gary Bate.

P.s. To embark upon the true spiritual journey, you have to firstly leave the 'social' stable. If you want to shine with the divine essence, you have to master your body and its emotions..

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